

By applying appropriate pressure, deep tissue

massage relieves muscle pain and improves stiffness.

**100chf** - 30 mins **190chf** - 60 mins **270 chf** - 90 mins

## RELAXING

Bringing back the body and the mind to a relaxed state through smooth and long movements.

**95chf** - 30 mins **180chf** - 60 mins **260chf** - 90 mins

## **DETOX - ANTICELLULITE**

This rhythmic massage stimulates the elimination of toxins, enhances blood and lymphatic circulation.

**100chf** - 30 mins **190chf** - 60 mins **270 chf** - 90 mins

## THE ROUGEMONT ESCAPE

Create your made to measure treatment by combining body massage, body scrub and facial. Our therapists use their skills to provide you all the relaxation you need

**270 chf -** 90 mins

